

St. Monica's Parish

North Parramatta



"Our mission is to build up an active parish community with the Eucharist as the centre, foster deeper prayer and spirituality and reach out as a witnessing community"

THE MOST HOLY TRINITY – YEAR C

15TH JUNE 2025

ENTRANCE ANTIPHON

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

FIRST READING

Proverbs 8:22-31

A reading from the book of Proverbs

The Wisdom of God cries aloud:

The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set, from the beginning, before earth came into being. The deep was not, when I was born, there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries – and the waters will not invade the shore – when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men.

The word of the Lord.

RESPONSORIAL PSALM

Ps 8

Response: O Lord, our God, how wonderful your name in all the earth!

1. When I see the heavens, the work of your hands, the moon and the stars which you arranged, what is man that you should keep him in mind, mortal man that you care for him? **(R.)**
2. Yet you have made him little less than a god; with glory and honour you crowned him, gave him power over the works of your hand, put all things under his feet. **(R.)**
3. All of them, sheep and cattle, yes, even the savage beasts, birds of the air, and fish that make their way through the waters. **(R.)**

SECOND READING

Romans 5:1-5

A reading from the letter of St Paul to the Romans

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come. Alleluia!

GOSPEL

John 16:12-15

A Reading from the holy Gospel according to John

Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord



COMMUNION ANTIPHON

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

St. Monica's Catholic Parish

Cnr Church Street and North Rocks Road, North Parramatta

SUNDAY MASSES:	Saturday Vigil - 5pm; Sunday - 9am, 11.30am (Cantonese/Chinese Mass) and 6pm		
WEEKDAY MASSES:	Tuesday-Friday - 9.15am		
EXPOSITION:	Every Friday following 9.15am Mass until 10.45am		
RECONCILIATION:	Friday 10-10.30am, Saturday 4-4.30pm, 3rd Sunday of the month 10:15-11am, or on request		
MARRIAGES:	Please contact the Parish Priest at least 12 months prior		
BAPTISMS:	Please contact the Parish Office for appointment with the Parish Priest. Phone: 9630-1951		
ANointing OF THE SICK/ EUCHARIST AT HOME	Please contact the Parish Office or Fr Ephraim Lam Phone: 9630-1951		
PARISH PRIEST/ CHINESE CHAPLAIN:	Fr. Ephraim Lam	Phone: 9630 -1951	Email: shingmanlam@gmail.com
ASSISTANT PARISH PRIEST	Fr. Pio Jang, temporarily serving Our Lady of the Angels Parish, Rouse Hill		
POSTAL ADDRESS:	8 Daking Street, North Parramatta, 2151	Website: http://www.stmonicanp.org.au	
OFFICE HOURS:	Tuesday-Friday 8.30am-2.30pm	Phone: 9630-1951 Fax: 9630-8738	Email: stmonicanp@bigpond.com

St. Monica's School

School Principal: Fiona Bylsma

Phone: 8832 4100

Fax: 8832-4199

Email: stmonicasnparra@parra.catholic.edu.au

COMMENTARY

Painting the Picture of God

The Feast of the Trinity of God comes about because Jesus painted a picture of the most intimate communion of Divine Life between Himself, the Father, and the Holy Spirit. This is a relationship and yet the most perfect unity.

God is Divine pulsating, shimmering light dancing in threefold exchange of love. In fact, the best name for God is 'Being-in-Love'. What does this mean for us?

How often have you heard: 'You are made in the image and likeness of God'? If God is threefold Being-in-Love, then you and I are made to live in relationship – not in solitary. We are totally on the wrong track if we think that the ultimate good is to be self-sufficient. It will turn out to be a Hellish choice. When we live as much self-giving as is possible, we are closest to Divine Life. In fact, we are Divine Life pulsating into a particular time and place through us.

Each time we bless ourselves, a bit of a Catholic routine, we are invoking the threefold exchange of love and calling its power into our life. Be careful, there will be consequence! You could become more God-like!

We could pause for a moment, slowly make the Sign of the Cross which recalls our baptism: 'In the Name of the Father and of the Son and of the Holy Spirit', and promise to image that Name in our lives.

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The Jubilee Prayer

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

Sacramental Programs for Baptized Children

First Holy Communion—Year 4
Reconciliation—Year 3



← Information for parents, by scanning this QR code, or email to stmonicasacraments@gmail.com.

For enrolment please come to the office at our working hours or using this QR code →



FEAST DAYS & COMMEMORATIONS

21 June, St Aloysius Gonzaga, religious

PLEASE REMEMBER TO PRAY FOR THOSE OF OUR PARISH FAMILY WHO ARE SICK, ESPECIALLY

John Rodrigues,
Dave & Fan Lin Wilson, Francis Lee, Jerry A, Michelle Barnes, Levi Bell, Gesualda Borg, Monica Teresa & Fernanda Carigliano, Margaret Dorahy, Heidi Ellich, Josie Estera, Philippe Kalife, Tim Kelly, Mary Korunic, Lillian Leigh, Maria Itang Tagle, Sheila Watts, Tina de Larrazabal, Rosa Santos, Llave Family, Gloria Cherote

MASS INTENTIONS

Please refer to the book near the altar of the Sacred Heart of Jesus

PARISH ACTIVITIES



Silent Adoration of the Blessed Sacrament
Every Friday following 9.15am Mass until 10.45am.
All are welcome.



St Monica's Parish Rosary Group
Every Wednesday from 10.00am to 12.00pm in the Parish Centre.
Enquiries: Lynn McBride 0423 696 961



Christian Meditation Every Thursday, at the Parish Centre. 5:25pm-6:25pm Tai Chi, 6:30pm-7:30pm Christian Meditation.
Participation via zoom is available. Enquiries: Patricia Brown, email: pabrown02@bigpond.com



Catholic Women's League St Monica's Branch
Every third Monday of the month at 10.30 am in the Parish Centre.
Enquiries : Julie Skulander on 0411 988 361



St Monica's Piety Stall (open alternate weeks)
Stall is open on Saturday 4.40 - 6.15 pm
Sunday 8.40 - 10.15 am
Contact : Julie Skulander on 0411 988 361



St Monica's Art Group Every Saturday 6pm-8pm at the Parish Centre. New workshops are available each week. Please contact Vera (WhatsApp 0402936947) for details.



Bible Supper Every FIRST & THIRD Thursday of the month, 8pm-9pm, via Zoom.
Fr. Ephraim will introduce every book from the Bible. All are welcome. To get the Zoom Link please scan the QR code on the left.



Children's LITURGY Every Sunday at 9am Mass (during School Terms) Young children haven't received Holy Communion are welcome to join.

JOIN OUR PARISH STEWARDSHIP PROGRAM

A Call to Prayer, Service and Generosity



Praying



Giving



Serving

To donate, update your giving details, or volunteer:
Please contact our Parish Office on 02 9630 1951 or complete and submit a Parish Stewardship envelope.

JOIN HERE



Half Day Retreat for Adults

(hosted by Fr Ephraim Lam)

Topic: **The 5th Gospel: the Holy Land**

Date & Time: **5th July 2025, Saturday, 9am-12pm**

Place: **Holy Innocent Chapel
8 Greyfriar Pl, Kellyville, NSW 2155**

To register please call the parish office **9630 1951** or using the QR code.

Inspirational talks, silent prayer time, Mass.



21st/22nd June ROSTERS

	5pm Vigil	9am	6pm
Readers	J. Kandalafi S. Meleca	S. Younes P. Fleming	S. Almeida A. Almeida
Extraordinary Ministers	B. Meleca C. North	C. Cheung J. DeAraujo	
Acolytes	P. Handcock	N. Joseph	J. Hilton
Cleaning	Group - 2 Vera (20th June)		
Children's Liturgy	Michelle / Sheryl		
Morning Tea	Raj & Innu Kakamanu & Beth		
Counting	Group 2 - Bernadette Fraser & Brigid McGettigan		



Scripture: John 16:12-15

Observation: In this gospel passage, Jesus speaks of the Holy Spirit, and in doing so, he also reveals a bit more about the Holy Trinity to his disciples, and to us. Throughout the Gospel of John, we are shown aspects of the Holy Spirit. When John baptised Jesus, the Spirit descended, confirming his identity as the Son of God and demonstrating the truth of his mission (1:32-34). Further on Jesus explains that only those born of water and the Spirit can enter the kingdom of God (3:5). Now, however, Jesus explains the relation of the Spirit to himself, and why this is so important. He tells his disciples that the Spirit will give them the truth, and that this truth will come directly from what Jesus gives to the Spirit. If the Father speaks through the Son, and the Son now speaks through the Spirit, then the only way we can ever fully understand what Jesus needs to say is by accepting the Spirit. Though this is not something that is possible straight away – Jesus himself states it is 'more than you can now bear' – it is the only way for us.

Application: As Catholics, we seek to enter a complete union with God. We strive towards it in everything we do, whether it be attending Mass, praying, or simply being kind to those around us. But as Jesus says, the only way to understand the truth is through the Holy Spirit. But what exactly does this mean? How does the Holy Spirit guide us towards the truth? As Thomas Aquinas explains, we are given seven gifts by the Holy Spirit (if you want a full explanation, look to the *Summa Theologica*). These gifts – wisdom, understanding, counsel, fortitude, knowledge, piety and fear of God – allow us to more readily understand the word of God and thus help us prepare for Heaven and for a union with God. It is important to note, however, that these gifts will go to waste if not acted upon. Things like prayer, theological study and charity, amongst other things, help us to fully make use of them and in doing so, we allow ourselves to grow closer to the truth Jesus mentions. Even if we, like the disciples, cannot bear it at first, by making use of these gifts, we can eventually make ourselves capable enough to do so. To put things simply, the more we engage with the word of God, and the more we act out our faith, the easier it becomes for us to understand where this faith is leading us. Like studying is for academia, it is the only way for us to truly grow.

Prayer: Dear God, You always give me infinite love and endless grace. Everything I have, I have received from You. Please allow me to use the gifts given to me by the Holy Spirit to glorify Your name and bear witness to Your Love. I pray that in doing so, I become capable of growing closer to you. Use me as a vessel of Your grace, so that I may bring light to those who need it and continue to proclaim Your gospel. Amen.

Youth Announcements

- Youth Camp 8th to 11th July 2025 with Simon Carrington**

This year, we have the privilege of hosting Simon Carrington as a guest speaker at our youth camp! Simon is the co-founder of Fire Up Ministries and a well-known speaker on chastity, dating, theology of the body and masculinity. Please contact Cheryl (0481 507 169) or Brian (0491 138 451) for more details and application forms.

